

HOPE

Highlights

creating communities free from violence & exploitation

Happy Spring!

As we finally turn the corner on winter, I am guardedly optimistic we can turn the corner on COVID. However, turning the corner does not mean forgetting. Far too many people lost their lives in this pandemic, lost their livelihoods, struggled with isolation and yes, with domestic and sexual violence. As our offices begin to open up, (currently at 50% capacity) we have begun to glean lessons learned from the pandemic, including:

- **Aside from COVID's medical complications, the emotional toll of the pandemic increased the level of trauma survivors experienced.**
- **Survivors will engage in on-line counseling and advocacy, in fact, our no-show rates were lower than in-person visits.**
- **Group education is effective in an on-line format.**
- **Survivors will find ways to reach out; they are resourceful.**
- **Our community partners are very generous in times of need.**
- **Staff are creative, passionate, and flexible in meeting the needs of clients.**

At New Hope, we are assessing what these lessons mean as we move forward and the timing is fortuitous as we are in the process of developing a new strategic plan. Related to our strategic planning process, we also are examining structural inequity in our agency and our movement, as well as how these structures effect our work with survivors. Training on racial equity for staff and Board are underway. Our DEI committee, VOICES, which has been meeting since 2016, has taken the lead in this work. All of these efforts are informing our planning process.

We hope to be able to unveil our new plan in the Fall of 2021. Stay tuned.

For now, I wish you all a healthy and peaceful Spring.



Executive Director, Marcia Szymanski

COVID Relief

We are living in a challenging time, with the COVID-19 pandemic affecting people and communities across the world.

This is a difficult and stressful period for everyone. New Hope continues to be here, and we recognize the support for agencies and individuals who provide financial and in-kind donations to help us support our clients/participants.

WITH SPECIAL THANKS TO:

Community Foundation of Southeastern Mass.
Eastern Bank Charitable Foundation
Greater Attleboro Stronger Together Fund
HarborOne Bank
Mansfield Women of Today
Mary Kay Cares - Mary Kay Foundation
Medtronic Foundation
Rockland Trust - Blue Hills Charitable Foundation
Franklin Square House Foundation
Vantel Pearls
Easton Women of Today
MA Office of Victim Assistance
Department of Public Health
and the overall community for donating PPE supplies to keep our staff and clients safe.

24-HOUR CONFIDENTIAL HOTLINE

1-800-323-4673 (HOPE)

www.new-hope.org

@newhopeinc





“I was dreaming that my counselor had huge kind hands that bubbles were floating out of, I watched the bubbles that had my thoughts in them, and watched them float by me and acknowledges them as they went away. There was no distress, I was calm. To me this means that I am putting into use the tools that my counselor has equipped me with and that it has given me hope that the hard work of healing is worth it. Words can never express how grateful I am to New Hope. I am now daring to think of a future where I am free.”

Artwork created by New Hope Client

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NCAS Learning Center

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New Hope is here for you.

DV 101 Spanish DV Healthy Relationships
LGBTQIA+ Youth DV 101 Behavior Therapy
DV Processing Wheaton SA DV Processing
DV 101 Healthy Relationships
Behavior Therapy DV 101 LGBTQIA+ Youth
Wheaton SA Spanish DV LGBTQIA+ Youth
Behavior Therapy DV 101
DV Support LGBTQIA+ Youth

**Virtual
Support Groups**



FOR DETAILS AND INFORMATION
CALL OUR HOTLINE: 800-323-4673

24-HOUR HOTLINE: 1-800-323-4673



IN FISCAL YEAR 2020
(OCT 1ST, 2019-JUNE 30TH, 2020)
OUR PROGRAMS;

EDUCATED OVER 15,000
INDIVIDUALS

COUNSELED 1,231 INDIVIDUALS
AND CHILDREN

PROVIDED SHELTER TO
56 INDIVIDUALS AND CHILDREN.

PROVIDED MEDICAL
ACCOMPANIMENT TO 21 INDIVIDUALS
THROUGH SANE

SUPPORTED 1384 INDIVIDUALS
THROUGH SAFEPLAN LEGAL
ADVOCACY

SUPPORTED 603
INDIVIDUALS THROUGH
CIVILIAN POLICE ADVOCACY

ASSISTED 239 FAMILIES THROUGH
OUR VISITATION CENTER

ENROLLED 214 INDIVIDUALS IN
INTIMATE PARTNER
ABUSE EDUCATION (IPAE)

HEALTHY YOUTH ACT

An act Relative to Healthy Youth // SD.2178.HD.3454
Sponsored by Senator Sal N. DiDomenico, Rep. James J. O'Day, and Rep. Vanna Howard

Youth deserve comprehensive health education...

The Healthy Youth Act, will give Massachusetts students the foundation they need and deserve to lead healthy lives.

The legislation will:

- Require schools that offer sex ed to use **medically accurate, age-appropriate** information.
- Focus on building **health relationships** and discuss **consent and boundaries**.
- Ensure that material is **inclusive of LGBTQIA+ identities and experiences**.

because medically-accurate education creates
safer futures for us all.

Massachusetts voters agree:

92 %

believe students should receive sex
education in high school.

89 %

believe sex ed should cover how students can
stay healthy if they become sexually active.

UNIVERSAL POWER YOGA



Thank you to Universal Power Yoga for
hosting and helping us raise more than
\$600 during virtual yoga class!

theNetworkLaRed

Survivor-led organizing to end partner abuse
Dirigida por sobrevivientes • Movilizando para acabar con el abuso de pareja

New Hope staff, along with four other domestic violence
agencies, will increase our capacity to center and to provide
culturally appropriate services to LGBTQ/T survivors.

The Learning Community process includes
one-on-one technical assistance from the Network La Red to
support us in implementing systemic change across our agency.

24-HOUR HOTLINE: 1-800-323-4673

SECURE AND CONFIDENTIAL

Web Chat Support Available

MONDAY - FRIDAY

9:00 AM TO 4:00 PM

RC.CHAT/NEWHOPEINC

(Type as a URL)

*Supporting 41 communities in Southeastern
and South Central Massachusetts.*

**FOR THE DEAF AND HARD OF HEARING,
PLEASE DIAL 711**



SUBSCRIBE

@New-Hope,Inc

amazonsmile
You Shop. Amazon Gives.

AmazonSmile is a simple and automatic way to support your favorite charitable organization at no additional cost to you. Make New Hope, Inc. your charity of choice at smile.amazon.com.

SAAM 2021

April is Sexual Assault Awareness Month. SAAM is an opportunity to begin conversations about consent and prevention efforts. These conversations can increase knowledge and let survivors know they are heard and believed. New Hope is invested in helping everyone in our community talk about sexual violence.

This year New Hope is recognizing SAAM with our first annual "Movement & Miles," a month-long fundraising event to support survivors of domestic and sexual violence.

Movement & Miles encourages individuals and teams to engage in a selected physical activity (walking, running, swimming, biking, dancing, stretching, etc.) and solicit sponsors to support their efforts. Through participation, you will increase your fitness level and at the same time, raise funds for survivors of sexual and domestic violence.

We know that exercise assists in lowering stress levels, especially for those who experience trauma due to interpersonal violence. During the COVID pandemic, we recognize that survivors and their families are experiencing higher stress levels. Thus, participation in Movement & Miles will reap benefits both for your health and for the survivors we serve.

#DenimDay

Join millions across America as they come together on April 28th, 2021 by wearing denim in honor of SAAM. Denim Day has become a symbol of protest against erroneous and destructive attitudes about sexual assault. Follow along our social medias to get involved!

Project Layers

Project Layers was a fun and creative way to engage our families. The cookie decorating contest proposed by our children's counselor, helped families practice the skills of healthy coping mechanisms.



Women of ACTION
ROCKLAND TRUST

A big thank you to the Rockland Women of Action, longtime supporters of New Hope, for making this project happen over the holiday season.



24-HOUR HOTLINE: 1-800-323-4673



Inspiring YOUTH

Gifts of Hope

From the bottom of our hearts, thank you so much to all of the wonderful donors and groups who adopted families, conducted a donation drive, and donated in-kind donations this holiday season!

- Attleboro High School Hockey Team
- Attleboro Rotary Club
- Attleboro SDA Church Women's Ministry
- Cindi Barkley
- Basket Ladies
- Bed Bath & Body Work (North Attleboro and Foxboro)
- Bi-County Collaborative
- Brittany Bedard, Britt's PocketPets
- Brook Haven Estates
- Chase Corporation, Westwood
- Christmas for Kids
- City of Taunton
- Anne Collins
- Dianne Croteau and Family
- Meg Farrell
- Mary Graham-Louise
- Jasmine Ganter
- Good Shepherd Lutheran Church
- Virginia Halliley
- Harrington Hospital Volunteers
- Michelle Kaplan-Vigil
- Keegan Werlin LLP
- Meredith Larson
- Erika Medeiros
- Joan Mikalanskas
- Norton High School
- Nick Ver's Superheroes, Lindsey Vero
- Project Night Night
- Renewal by Andersen
- Rockland Trust - Women of Action
- Susan Sheehan & Jim Smith
- Tim Shields
- TLC Janitorial, Inc.
- Marjon Tondravi
- Vantage Builders
- Vera Bradley Outlet, Wrentham
- Wealth in Women
- Amber Wicelinski

We apologize if we have inadvertently excluded you from the list. Please contact the Development Office for any concerns at development@new-hope.org.

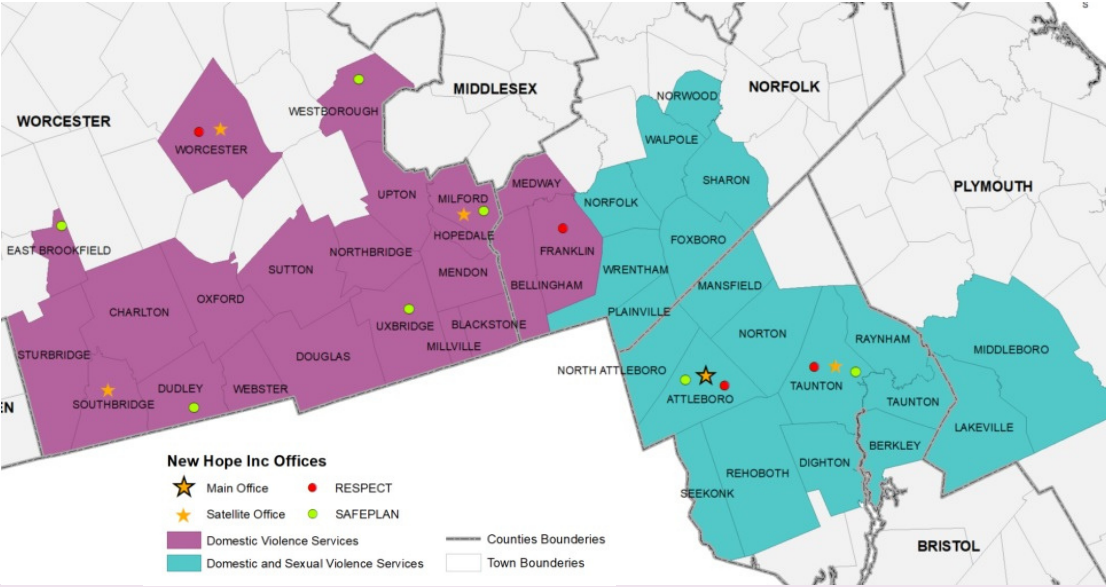
We are grateful for each donation.

Thank You!



Arts & Crafts Sponsored by
Commonwealth Alternative Care and Fearless Women in Cannabis

24-HOUR HOTLINE: 1-800-323-4673



SUPPORTING 41 COMMUNITIES IN
SOUTHEASTERN AND SOUTH
CENTRAL MASSACHUSETTS.

Please help support New Hope's mission to create communities free of violence and exploitation.

We depend on the generosity and support of the community, and with your gift today we will continue the life-saving work of empowering and supporting survivors.

Please detach form and mail to:
New Hope, Inc., 247 Maple Street,
Attleboro, MA 02703

If you prefer to make your donation online, please visit new-hope.org.



Yes, I want to support New Hope creating communities free of violence and exploitation!

I wish to make a difference with a gift of: \$250 \$200 \$100 \$50 \$25 Other \$ _____

This gift is: In memory of _____ In honor of _____

Name _____

Street _____ City, State, Zip _____

Phone _____ Email _____

Cardholder Name _____ Credit Card # _____

Signature _____ Exp. Date _____ CVV _____

Thank you for your support!

New Hope
Highlights
Newsletter

247 Maple Street
Attleboro, MA 02703
508-226-4015

